

February 8 – 10: For college students and adults

We will set out from Tallahassee and meet in Conyers, Ga. to spend the afternoon at the Monastery of the Holy Spirit learning about the monastic life and the prayer habits of the monks. From there we will travel onto Columbia Seminary in Decatur, Ga to settle into our guest rooms. Our days on Thursday and Friday will be spent in working with Mercy Community Church in the Virginia Highlands area of Atlanta. We will assist in providing morning hospitality, will be part of their prayer and bible study time, will spend time with other members of the community feeding people in the area and then will have time for prayer and reflection with the Church's pastor, Chad Hyatt. There will be time for a meal with the Young Adult Volunteers (Thomas Guthrie's group) one evening as well as a chance to visit the King Center for Non-Violent Social Change.

Cost: \$80.

**Space is limited!!
Register now to hold your spot.**

February 8 – 10: Space is limited to 10 people. Adults of all ages are welcome. Transportation is NOT provided, though car pooling is encouraged. We will leave Tallahassee on Wednesday, February 8 at 7:00 a.m. Bring a bag lunch to eat en route. We will meet at the Monastery's Welcome Center at 12:30 p.m.

Friday, February 10, our program will end by mid afternoon and participants are then on their own to head home or make their personal arrangements for staying in the area.

**For more information or a complete itinerary,
contact Christy Williams at Christy@oldfirstchurch.org**